

SACS

Sub-Acute Crisis Stabilization Program

Est. December 2023



Funding came
from

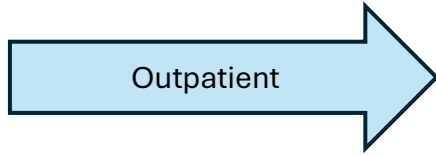
HB 5001 in 2022
which expanded
mental health
services in CT



Where does it fit
in the
continuum

Office Based Services

- School Based Health Centers
- Private Practice
- Integrated Care
- Youth Services Bureaus
- Psychiatric Clinics
 - MATCH
 - TF-CBT
 - SSTRY



- Extended Day Treatment (EDT)
- Intensive Outpatient Program (IOP)
- Partial Hospital Program(PHP)



- Therapeutic Group Homes
- Residential Treatment Centers (RTC)
- Subacute Stabilization Centers (SACs)



Psychiatric Residential Treatment Facilities (PRTFs)

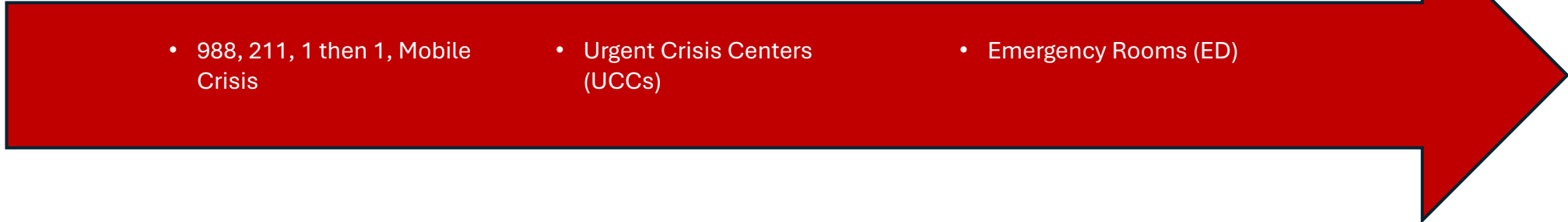
Home Based Services

- Functional Family Therapy (FFT)

- Child First
- IICAPS
- Multi-Dimensional Family Therapy (MDFT)
- HYPE Recovery
- Multi Systems Therapy
 - MST FIT
 - MST PSB

Inpatient Hospital

CRISIS STABILIZATION



What is this LOC?

Short term: 1-14 days

Crisis stabilization

“Active”
Respite

Must have a
Discharge
plan

Referral
Source

Our Interdisciplinary Team

Leadership

Direct Care Staff

Clinicians

Nurses

Intake/Discharge (supports aftercare)





How are we doing?

142 children and their families were served between from 12.2023 - 9.2025

31%
of children have been DCF-involved

15.8 days
Average length of stay in the program

89% met their treatment goals

55% showed improvement from intake to discharge



Inside SACS



How does SACS support youth and families?

01

Stabilize foster
placements

02

Transition (in
between levels of
care): Inpatient –
SACS – PRTF

03

Connect to Care

THE END

Amy Samela, LPC VP Intensive Programs
Dave Gallagher, LCSW Program Manager